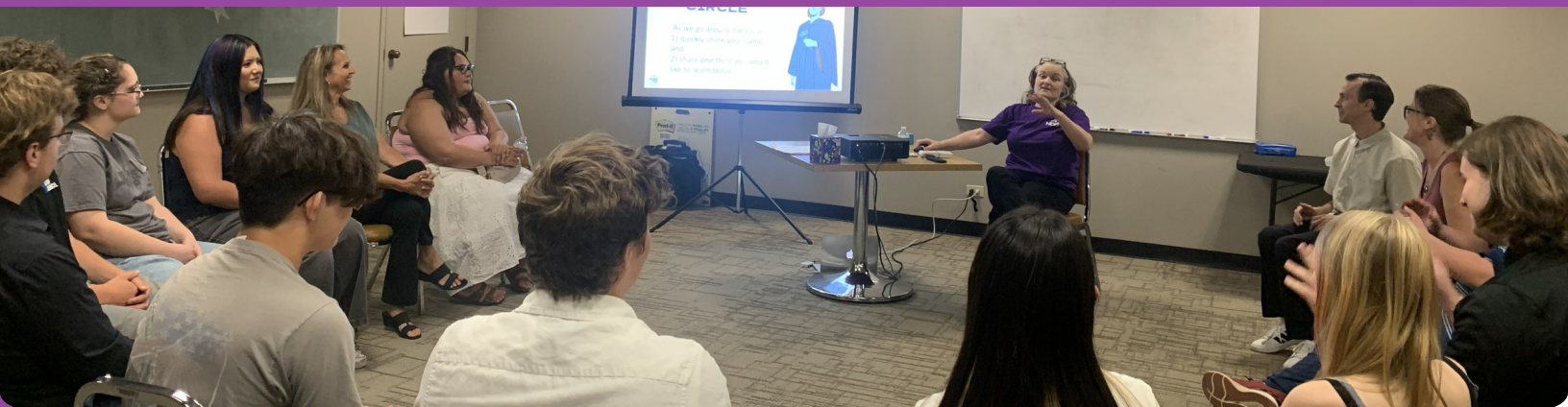


Monthly Newsletter

July 2026



Youth Action Council Restorative Justice Training facilitated by HOPE City Redding

On Monday, July 6, Youth Action Council (YAC) members participated in a Restorative Justice Training facilitated by HOPE City Redding. The interactive training introduced youth to the core principles of restorative justice, emphasizing accountability, repairing harm, rebuilding relationships, and strengthening community through respectful dialogue rather than punishment alone.

Throughout the session, YAC members worked through a variety of real-world scenarios and participated in role-playing exercises that challenged them to practice active listening, empathy, conflict resolution, and collaborative problem-solving. These hands-on activities encouraged participants to view situations from multiple perspectives while developing practical communication and leadership skills.

We are grateful to HOPE City Redding for sharing their expertise and investing in the next generation of community leaders. The training provided our YAC members with valuable tools they can use to foster healthy relationships, resolve conflicts constructively, and promote a culture of respect both within Youth Options Shasta and throughout our community.



***“With the understanding of what justice really is,
our youth can change the trajectory of a generation”***

- Jackie Durant, Director of HOPE City Redding

THIS MONTH'S HIGHLIGHTS:

**YAC
Restorative
Justice
Training**

**Shasta Youth
Leadership
Camp**

**Locked Up for
Youth
Fundraiser**

**Upcoming
Events**



The annual Shasta Youth Leadership Camp (SYLC) was an incredible four days of leadership development and teamwork. Campers participated in engaging workshops, team-building activities, and interactive challenges designed to strengthen communication while building lasting friendships with peers from across Shasta County.



One of the highlights of camp was Public Safety Day on Friday, July 17, which brought together police and fire personnel from across Shasta County. Campers participated in hands-on activities and meaningful interactions with first responders and law enforcement, helping build leadership, communication, and decision-making skills while increasing awareness of alcohol and drug prevention and the importance of making healthy choices.

We are also proud to recognize Youth Action Council (YAC) member Aiden, who received the Exemplary Leader Award in recognition of outstanding leadership, dedication, and positive influence throughout camp.

Congratulations, Aiden, on this well-deserved honor! Thank you to our campers, counselors, volunteers, community partners, and sponsors for making SYLC 2026 an unforgettable experience. We look forward to another amazing camp next year!



"SYLC is one of my favorite summer events every year. I feel like I see so many kids grow and come out of their comfort zones in just a short amount of time. I love the connection that SYLC incorporates with local organizations and first responders."
- Aiden, YAC intern & SYLC Counselor



Youth Action Council Committees

As of June, the Youth Action Council (YAC) has decided to implement subcommittees to help highlight our members' strengths, skills, and interests. The subcommittees include Administrative, Case Management, Creative, Fundraising, Media, Presentations, and Events.

By allowing members to focus on areas where they can contribute most, these teams encourage collaboration, leadership, development, and greater member engagement. This new structure will also help the council work more efficiently, strengthen our outreach efforts, and better support our mission of serving youth and the community.

Through these opportunities, YAC empowers young people to build the confidence, knowledge, and skills needed to create lasting change in their community. Members have opportunities to lead projects, educate and support their peers, promote alcohol and drug prevention, and advocate for positive youth development. YAC is also committed to helping Youth Options Shasta remain a safe, welcoming space where all youth in Shasta County feel valued, respected, heard, and empowered to make a difference.



"I feel that the committees have helped me find what I am uniquely good at and how I can use it to better the community. From my time in the creative committee, I have learned that I am pretty good at interviews!"

- Vance Revheim, YAC intern

Celebrating Youth Leadership in Action

Youth Options Shasta is proud to congratulate Elizabeth Hancock, one of our Youth Action Council (YAC) interns, on being officially sworn in today as a Juvenile Justice Commission Member at the Shasta County Superior Court.

Elizabeth's appointment reflects her dedication to serving others and her commitment to improving outcomes for youth in our community. As a member of the Juvenile Justice Commission, she will have the opportunity to help advocate for the well-being of young people and contribute to meaningful conversations surrounding the juvenile justice system.

At Youth Options Shasta, we believe that when young people are given opportunities to lead, they develop the confidence, knowledge, and skills to create lasting change. Elizabeth's achievement is an inspiring example of the impact youth can have when their voices are encouraged and valued.

Congratulations, Elizabeth! We are honored to support your leadership journey and look forward to all you will accomplish in this important role.



Locked Up for Youth

Giving Corner

Join us for Youth Options Shasta's Locked Up for Youth Fundraiser & Resource Fair

Donate to Capture
our Arrestee

Locked Up For Youth is a fun, community-focused fundraiser where 20 local leaders are "arrested" on humorous charges and raise "bail" from their networks to earn their release. Join us at Redding Whistlestop Park for a festive event that raises funds and awareness for Youth Options Shasta.



September 3 2026 | 5 PM - 7:30 PM | Market Street, Redding | Whistlestop Park

LOOKING AHEAD

August 2026:

- Mon, August 3rd - **Mindfulness Group for Girls** | at Redding Public Library
- Tues, August 4th - **Aggression Placement Training** | at YOS
- Wed, August 5th - **Peer Court Restorative Circles** | 3:00p-6:00p | at YOS
- Thurs, August 6th - **Aggression Placement Training** | at YOS
- Mon, August 10th - **Mindfulness Group for Girls** | at Redding Public Library
- Wed, August 12th - **Peer Court Restorative Circles** | 3:00p-6:00p | at YOS
- Wed, August 19th - **Peer Court Restorative Circles** | 3:00p-6:00p | at YOS
- Wed, August 26th - **Peer Court Recruitment Event** | 5:00p-6:30p | at YOS

We hope everyone is having a wonderful summer and enjoying time with family and friends. As the season begins to wind down, we wish all of our youth and families a smooth and successful transition into the upcoming school year.

Connect with us online!



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