



Monthly Newsletter

June 2026



2026 Peer Court Summit at UC Santa Cruz

Youth Options Shasta (YOS) participated in the Peer Court Summit held June 23–25, 2026 at the University of California, Santa Cruz. The annual summit brings together youth court programs from across the state for training, collaboration, and leadership development focused on restorative justice and peer-driven accountability in youth programs.

This year, 12 YOS youth participants attended, along with Executive Director Jennifer Coulter, Program Manager Skyler Robinson, and Case Manager Sara Bartow. Together, they engaged in workshops, networking opportunities, and peer-led sessions designed to strengthen youth voice and enhance restorative practices within Peer Court programming.

We are proud to support this opportunity for both youth and staff to learn, grow, and connect with other programs doing impactful work across the state.

“It was a privilege to spend this time with you all! You each encourage and inspire me through the work you do in our community.” - Sara Bartow, YOS Case Manager

“It was an excellent opportunity to connect with members and to gain valuable insight on other Youth Courts all across the state to broaden our perspective and bring countless great ideas back to our home Youth Court.” - Jay Kim, YOS Peer Court Volunteer

**INSIDE WE
ALSO
TALK ABOUT:**

**Peer Court
Summit**

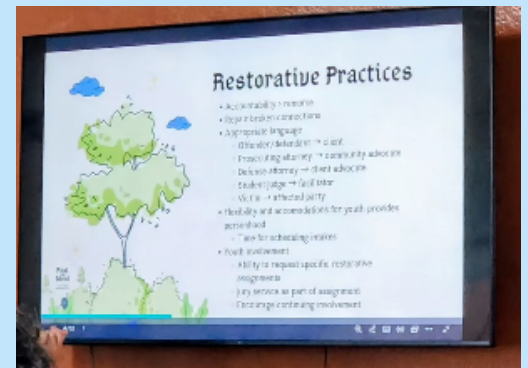
**Restorative
Justice
programs**

Giving Corner

**Upcoming
Events**

**Shasta Youth
Leadership
Camp**

Throughout the three-day summit, our youth participated in interactive workshops covering restorative justice, youth leadership, empathy, emotional wellness, financial literacy, human trafficking awareness, implicit bias, juror training, effective communication, and positive decision-making. The summit also included inspiring keynote speakers, team-building activities, and opportunities to connect with Peer Court programs from across California.



In addition to the educational sessions, our youth enjoyed a memorable visit to the Santa Cruz Beach Boardwalk, where they had the opportunity to relax, build friendships, and celebrate their hard work while experiencing one of California's most iconic attractions.



We are incredibly proud of our Peer Court volunteers for representing Youth Options Shasta with professionalism, enthusiasm, and a commitment to learning. Their participation in the summit strengthens the leadership, compassion, and restorative justice practices they bring back to serve our community.

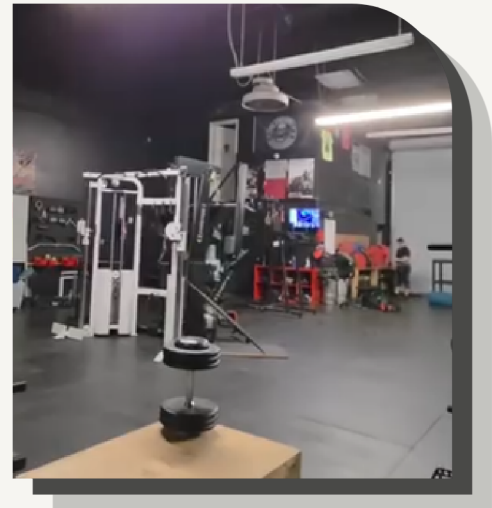
Shasta Youth Peer Court utilizes restorative practices to divert youth from involvement in the juvenile justice system. Through individualized agreements, respondents develop valuable life skills through job readiness support, community service, and programs offered by community partners.



This month, we'd like to highlight the **Boneyard Strength & Conditioning** program. The Boneyard provides a unique blend of weightlifting and mentorship, helping youth build confidence, resilience, discipline, and healthy coping skills in a supportive environment.



James Brookshire, who leads the program, shared that participants experienced meaningful growth by learning to manage stress through exercise, achieving goals they once thought impossible, and developing greater self-confidence. He noted that creating a safe environment where youth could challenge themselves proved to be one of the program's greatest strengths.



While transportation presented attendance challenges during the first cycle, the Boneyard's relocation to 855-B Commerce Street in Redding by August 1 will make the program much more accessible for future participants. Looking ahead, James hopes to expand the program through youth scholarships, increased enrollment, and additional equipment to ensure even more young people can benefit from the life-changing impact of strength training and mentorship.

Giving Corner

zeffy

SCAN ME



To support our mission, scan the QR code above to donate to Youth Options Shasta through Zeffy. You also have the option to leave a tip to Zeffy for providing their free fundraising service.

LOOKING AHEAD

July 2026:

- Wed, July 1st - **Peer Court Restorative Circles** | 3:00p-6:00p | at YAC
- Thurs, July 2nd - **A.R.T.** | 4:30p-6:30p | at YOS
- Sat, July 4th - **Independence Day** | YAC Office Closed
- Mon, July 6th - **YAC Restorative Justice Training with Hope City** | 2:30p-4:30p | at YAC
- Wed, July 15th - Sat, July 18th - **Shasta Youth Leadership Camp** | at Simpson University
- Wed, July 22nd - **Peer Court Restorative Circles** | 3:00p-6:00p | at YAC
- Wed, July 29th - **Peer Court Restorative Circles** | 3:00p-6:00p | at YAC

Upcoming Events: (see flyer attached)

- **Shasta Youth Leadership Camp**
July 15-18, 2026 | at Simpson University Campus
 - SYLC Counselor Training: July 7th-9th
 - SYLC Counselors arrive July 14th.
 - SYLC Campers, we'll see you on July 15!



We hope everyone is enjoying a great summer break and taking time to rest, recharge, and connect with family and friends. As we approach the 4th of July holiday, we also wish all of our youth and families a safe and enjoyable celebration.

Connect with us online!



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2026 SHASTA YOUTH LEADERSHIP CAMP



July 15-18, 2026

Simpson University Campus

Follow us online and stay tuned for additional camp information for #2026SYLC!


- Counselor Applications will be open online in March (current grade 10-age 21)
- Camper Apps will open online in March (current grades 5-8)

SCAN
ME!



Check us out:

 www.shastayouthleadershipcamp.com

 facebook.com/shastayouthleadershipcamp/

