

Monthly Newsletter

MARCH

youthoptionsshasta.org

2025

Youth Quest 2025



Youth feedback

"I would like to share that I'm glad that I had a chance to come clean, rethink, share my feelings, learn how others could be feeling, how to express your emotions at the right time, how to plan out goals and succeed with them, and I learned lots of helpful things that taught me"-A.B.

CDBG Presentation

Jennifer Coulter, presented with a youth as part of our application for funding through CDBG. The Community Development Block Grant (CDBG) program is a flexible program that provides communities with resources to address a wide range of unique community development needs. Beginning in 1974, the CDBG program is one of the longest continuously run programs at HUD.

Sacramento- Youth Options Shasta partnered with Girls Inc. at Youth Quest, an annual event promoting youth advocacy in tobacco control. Participants met State Assemblywoman Heather Hardwick, sharing efforts for a tobacco-free California. The event featured advocacy training, a Capitol march, and legislative visits to discuss smoke-free policies. This annual event was sponsored by Shasta County Public Health and available to members of The Tobacco Education Coalition.

Public Safety at Schools Summit

School and district administrators gathered for Public Safety Day, featuring expert-led sessions on bullying, trafficking, campus searches, restorative justice, child abduction, and school policies. Youth Options Shasta was invited to speak about Restorative Justice and educate the Educators regarding our programming.



Youth Options Shasta Shines

Redding- Youth Options Shasta's very own Jas Shaw was featured in Enjoy Magazines March 2025 edition featuring "Leading Ladies". We are so proud of her shining and leading the way for powerful women in Shasta County. Check her out: <https://enjoymagazine.com/read-online/>

Peer Court Juror wins State



REDDING, Calif. — Stella Hightower, a senior at Shasta High School in Redding, Calif., has emerged as a leading figure in the state's snowboarding scene after clinching first place in her division at the California Nevada Interscholastic Ski and Snowboard Federation. The competition occurred at the California and Nevada State Snowboarding Championships held at Sierra at Tahoe last week. Hightower, 17, is known for her aggressive riding style and fearless attitude, making her a dominant force throughout the season. Her recent victory has earned her a spot at the USASA National Championships in Colorado this April.



The giving corner

Redding, CA – Youth Options Shasta has received a generous \$2,500 grant from The Shasta Firefighters Burn and Benevolent Fund supporting Y.F.P.I.. The Shasta Firefighters Burn and Benevolent Fund provides crucial aid to first responders and their families in times of need. Together, we make a difference.



Recent Board Appointment

On March 10, 2025, Jim Berry was sworn-in as a new member of the Shasta County Mental Health, Alcohol and Drug Advisory Board. The Mental Health, Alcohol and Drug Advisory Board (MHADAB) provides oversight and monitoring of local mental health and substance use disorder programs, advocates for affected community members, and advises the Board of Supervisors and HHSA leadership.