

Monthly Newsletter

November 2024

youthoptionsshasta.org

Thursday

WHAT TIME IS IT?

It's Friendsgiving time!



A.R.T. and Tobacco Cessation classes wrap up in November

Youth Options Shasta concluded November sessions for Aggression Replacement Training and Tobacco Cessation, equipping youth with skills in anger management, social interaction, and tobacco-free lifestyles.



REDDING, CA – Youth Options Shasta is excited to announce another successful "Friendsgiving" celebration, bringing together youth participants from its Aggression Replacement Training (ART) program and Peer Court, along with Peer Court respondents and jurors. The event, held on Wednesday, November 20th, combines the spirit of Thanksgiving with community connection, providing a festive gathering for the youth involved in these transformative programs.

Friendsgiving offered a welcoming environment where youth can come together to enjoy a meal, share stories, and strengthen friendships. "This event is all about celebrating our youth's resilience and commitment to personal growth," said Skyler Robinson, Peer Court Coordinator at Youth Options Shasta. "It's a chance for them to connect with peers who are on similar journeys and to build a positive community support system."

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YFPI Celebrates 10 years!



Youth Fire-Setter Prevention & Intervention Program: A Decade of Community Impact

For the past ten years, the Youth Fire-Setter Prevention & Intervention (YFPI) Program, in partnership with the Shasta Arson Task Force, has been a vital resource in the North State for preventing fire-setting behavior and promoting fire safety education.

This evidence-based program provides tailored interventions for youth ages 5 to 18, offering age-appropriate strategies to address and prevent future fire-setting behavior. Each child is carefully assessed to evaluate their risk level, allowing for targeted support that fosters long-term safety and well-being.

The program's ongoing success is a direct result of the dedication and collaboration between local fire departments, law enforcement agencies, and community organizations. These partnerships ensure that at-risk youth and their families have access to the resources, education, and guidance needed to make positive changes and strengthen community safety.

Thanks to the collective efforts of these dedicated professionals, the YFPI program continues to make a meaningful difference in the lives of young people across the North State, helping to prevent dangerous fire-setting behavior before it starts. "The staff, Board of Directors and myself are so proud to collaborate with our community partners through these vital programs. Building relationships with our youth and families while connecting with our partners are the cornerstone of Youth Options," said, Director, Jennifer Coulter.

For more information contact:

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Generous Donation Fuels Youth Options Shasta Programs



Chester, CA – A \$500 Donation, A Big Impact

This month, Youth Options Shasta received an unexpected \$500 donation from a Chester resident, underscoring the power of community support in driving youth-focused initiatives.

